



# TRICARE® Vision Benefits

## TRICARE covers eye exams and other vision services

TRICARE vision coverage may include an eye exam and other services to find or treat an eye condition.

### EYE EXAMS

Your eye exam coverage depends on who you are, your age and your TRICARE program option. You can also check

with your local military hospital or clinic to see if they have eye care services.

**Note:** Eye exams for those with diabetes are not limited. One eye exam each year is recommended.

For details on your vision benefit, see the charts that follow.

### TRICARE Eye Exam Coverage For Those Age 6 and Older

BENEFICIARY TYPE	TRICARE PROGRAM OPTION	EYE EXAM COVERAGE	PROVIDER TYPE
<b>Active Duty Service Members</b>	TRICARE Prime	As needed to maintain fitness-for-duty status	Military hospital or clinic, unless referred to a network or non-network provider
	TRICARE Prime Remote (TPR)	As needed to maintain fitness-for-duty status	Network provider without prior authorization
<b>Active Duty Family Members or TRICARE Reserve Select (TRS) Members</b>	TRICARE Prime or TPR	One eye exam each year	Network provider without referral or prior authorization
	TRICARE Standard and TRICARE Extra or TRS	One eye exam each year	Any TRICARE-authorized provider (network or non-network, with cost-shares)
<b>Retirees, Their Families and Others</b>	TRICARE Prime	One eye exam every two years	Network provider without referral or prior authorization
	TRICARE Standard and TRICARE Extra or TRICARE Retired Reserve	None	Does not apply

## TRICARE Eye Exam Coverage Under the Well-Child Benefit For Children Under Age 6

BENEFICIARY TYPE	TRICARE PROGRAM OPTION	EYE EXAM COVERAGE	PROVIDER TYPE
<b>Infants</b> (up to age 3)	<b>All programs</b>	One eye and vision screening at birth and at around 6 months	Primary care manager or primary care provider
<b>Active Duty Family Members (ADFM)s or TRICARE Reserve Select (TRS) Children</b> (age 3 up to age 6)	<b>TRICARE Prime or TRICARE Prime Remote</b>	One eye exam each year	Network provider
	<b>TRICARE Standard and TRICARE Extra or TRS</b>	One eye exam each year	Any TRICARE-authorized provider (network or non-network)
<b>Non-ADFM Children</b> (age 3 up to age 6)	<b>TRICARE Prime</b>	One eye exam every two years	Network provider
	<b>TRICARE Standard and TRICARE Extra or TRICARE Retired Reserve</b>	One eye exam every two years	Any TRICARE-authorized provider (network or non-network)

### LENSES AND GLASSES

Except for ADSMs, lenses (implanted in the eye or contacts) or glasses are only cost-shared for the following conditions:

- Contact lenses for treatment of infantile glaucoma
- Corneal or scleral lenses for treatment of keratoconus
- Scleral lenses for moisture when there is no or not enough normal tearing
- Corneal or scleral lenses prescribed to reduce a corneal irregularity other than astigmatism
- Intraocular lenses, contact lenses or glasses to perform the function of the human lens lost as the result of intraocular surgery or ocular injury or congenital absence (coverage for this condition is limited to standard fixed non-accommodating monofocal lens)

### Coverage Limits

You are limited to one set of intraocular lenses needed to restore vision. A set may include a combination of intraocular lenses and glasses. If you have a prescription change related to your covered eye condition, a new set of lenses may be cost-shared (after a medical review). Replacement lenses for those that are lost, have worn out or have become unusable due to physical growth are not covered. Adjustments, cleanings and repairs of glasses are not covered. Some intraocular lenses are excluded from coverage.

For more information about your vision benefit, call your regional contractor or TOP Regional Call Center. Special programs may exist at local military hospitals and clinics. Call your local military hospital or clinic for details.

LOOKING FOR **More Information?**

GO TO **www.tricare.mil/contactus**

N

**TRICARE North Region**

Health Net Federal Services, LLC  
1-877-TRICARE (1-877-874-2273)  
[www.hnfs.com](http://www.hnfs.com)

S

**TRICARE South Region**

Humana Military  
1-800-444-5445  
[HumanaMilitary.com](http://HumanaMilitary.com)

W

**TRICARE West Region**

UnitedHealthcare  
Military & Veterans  
1-877-988-WEST (1-877-988-9378)  
[www.uhcmilitarywest.com](http://www.uhcmilitarywest.com)

O

**TRICARE Overseas Program (TOP)**

International SOS  
Government Services, Inc.  
[www.tricare-overseas.com](http://www.tricare-overseas.com)

For toll-free contact information,  
visit this website.

**TOP Regional Call Centers**

*Eurasia-Africa*

+44-20-8762-8384 (overseas)  
1-877-678-1207 (stateside)  
[tricarelon@internationalsos.com](mailto:tricarelon@internationalsos.com)

*Latin America and Canada*

+1-215-942-8393 (overseas)  
1-877-451-8659 (stateside)  
[tricarephl@internationalsos.com](mailto:tricarephl@internationalsos.com)

*Pacific (Singapore)*

+65-6339-2676 (overseas)  
1-877-678-1208 (stateside)  
[sin.tricare@internationalsos.com](mailto:sin.tricare@internationalsos.com)

*Pacific (Sydney)*

+61-2-9273-2710 (overseas)  
1-877-678-1209 (stateside)  
[sydricare@internationalsos.com](mailto:sydricare@internationalsos.com)

**An Important Note About TRICARE Program Information**

At the time of publication, this information is current. It is important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. **Military hospital and clinic guidelines and policies may be different than those outlined in this publication.** For the most recent information, contact your TRICARE regional contractor or local military hospital or clinic. The TRICARE program meets the minimum essential coverage requirement under the Affordable Care Act.