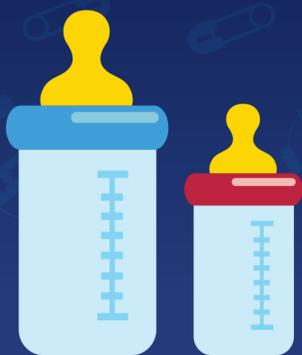




# Updates to the TRICARE® Benefit

# MATERNITY CARE



## BREASTFEEDING SUPPLIES

### TRICARE Covers:

- One manual or standard electric breast pump and operational supplies, per birth event/adoption. As of March 2019, rates are **\$312.84** stateside/**\$500.55** overseas
- The pump's replacement supplies for up to **36 months** after the birth event
- Up to **six** individual outpatient breastfeeding counseling sessions per birth event
- Supplemental Nursing Systems (SNS) when prescribed by a TRICARE-authorized provider (formula/nutrition supplement at the breast to assist in lactation, latch, and proper nutrition)

To learn more, visit:

[www.tricare.mil/CoveredServices/IsItCovered/BreastPumpsSupplies](http://www.tricare.mil/CoveredServices/IsItCovered/BreastPumpsSupplies)

## BANKED DONOR BREAST MILK

- TRICARE now covers **banked donor milk**, when it's medically necessary for infants with certain conditions, when prescribed by a TRICARE-authorized provider
- Banked donor milk is available in the U.S. and Canada through human milk banks. Under TRICARE, human milk banks **must be accredited** by the Human Milk Banking Association of North America (HMBANA)
- TRICARE has a **maximum allowable charge** to cover donor milk screening and processing charges
- Your **costs** are based on beneficiary category and provider type

To learn more, visit:

[www.tricare.mil/CoveredServices/IsItCovered/BankedDonorMilk](http://www.tricare.mil/CoveredServices/IsItCovered/BankedDonorMilk)

