



2018
Stateside



TRICARE® Your Military Health Plan
IMPORTANT CONTACT INFORMATION



TRICARE STATESIDE CONTACTS

East Region

Humana Military
1-800-444-5445
HumanaMilitary.com
www.tricare-east.com

Medical Claims
1-800-444-5445
HumanaMilitary.com

Warrior Navigation and Assistance Program
1-888-4GO-WNAP (1-888-446-9627)

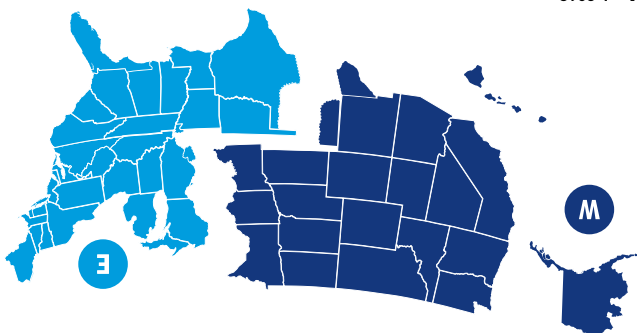


TRICARE STATESIDE CONTACTS

West Region

Health Net Federal Services, LLC
1-844-866-WEST (1-844-866-9378)
www.tricare-west.com

Medical Claims
1-844-866-WEST (1-844-866-9378)
www.tricare-west.com



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OTHER TRICARE PROGRAMS



TRICARE Dental Programs

www.tricare.mil/dental

TRICARE Active Duty Dental Program (ADDP)
1-866-984-ADDP (1-866-984-2337)

TRICARE Dental Program (TDP)
1-844-653-4061 (CONUS)
1-844-653-4060 (OCONUS)

TRICARE Retiree Dental Program (TRDP)
1-888-838-8737



TRICARE Pharmacy Program

1-877-363-1303
www.tricare.mil/pharmacy

For a complete list of TRICARE contacts, visit www.tricare.mil/contactus.

OTHER IMPORTANT INFORMATION



Follow Us on Social Media
Facebook: www.facebook.com/TRICARE
Twitter: @TRICARE
Youtube: www.youtube.com/TRICARE

US Family Health Plan (USFHP)
1-800-74-USFHP (1-800-748-7347)
www.tricare.mil/usfhp
TRICARE Prime Remote (TPR)
www.tricare.mil/tp
Active Duty: 1-888-647-6676
www.health.mil/greatlakes
TRICARE For Life (TFL)
1-866-773-0404
www.tricare.mil/tfl

Defense Enrollment Eligibility Reporting System (DEERS)
1-800-538-9552
www.tricare.mil/deers
www.dmdc.osd.mil/milconnect
(update DEERS, view eCorrespondence)

Nurse Advice Line (Stateside)
1-800-TRICARE (1-800-874-2273),
option 1