



TRICARE® Dental Options

Learn about TRICARE dental options for you and your family members.

This fact sheet provides information about the TRICARE Active Duty Dental Program, the TRICARE Dental Program, and dental coverage through the Federal Employees Dental and Vision Insurance Program.

These dental options are separate from TRICARE healthcare options. Depending on your beneficiary category, you'll be eligible for different dental programs.

ACTIVE DUTY DENTAL CARE

Most active duty service members receive dental care from their military dental clinic. However, in certain circumstances, an ADSM may be eligible for civilian dental care. For example:

- The military dental clinic may refer an ADSM to a civilian dentist for care.
- An ADSM has a remote duty location and home more than 50 miles from a military dental clinic.

The ADDP provides certain eligible ADSMs coverage for civilian dental care. This ensures dental health and deployment readiness. United Concordia Companies, Inc. administers the ADDP.

TRICARE Active Duty Dental Program

The ADDP is available in two geographic service areas:

- **CONUS (Continental United States).** The ADDP CONUS service area includes the 50 United States, the District of Columbia, and the U.S. territories of American Samoa, Guam, the Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands.
- **OCONUS (Outside the continental United States).** The ADDP OCONUS service area includes all other countries, island masses, and territorial waters outside the ADDP CONUS service area. This includes covered services provided on a ship or vessel outside the territorial waters of the CONUS service area.

BENEFICIARY TYPES	PROGRAM DESCRIPTION
<ul style="list-style-type: none"> • Certain ADSMs • Certain National Guard and Reserve members called or ordered to active duty for more than 30 days for a federal preplanned mission or in support of a contingency operation • Certain others (as shown in DEERS) 	<ul style="list-style-type: none"> • Provides dental benefits to ensure dental health and deployment readiness • Available worldwide in two service areas: CONUS and OCONUS

Eligibility

The ADDP is available to ADSMs of the:

- U.S. Army
- U.S. Marine Corps
- U.S. Navy
- U.S. Air Force
- U.S. Coast Guard
- Commissioned Corps of the U.S. Public Health Service
- Commissioned Corps of the National Oceanic and Atmospheric Administration

ADSMs enrolled in TRICARE Prime Remote or TRICARE Prime Remote Overseas are automatically eligible to use the ADDP.

National Guard and Reserve members are eligible only if they have active duty orders issued for a period of more than 30 days for a federal preplanned mission or in support of a contingency operation. They must also show as eligible in the Defense Enrollment Eligibility Reporting System. Service members

with delayed-effective-date active duty orders and those in the Transitional Assistance Management Program following activation for a federal preplanned mission or in support of a contingency operation for more than 30 days are also eligible. Those with a valid line of duty or notice of eligibility determination for a dental illness or injury are also eligible. Certain foreign force members in the ADDP CONUS service area may be eligible based on a reciprocal healthcare agreement.

For eligibility and benefit details, visit www.addp-ucci.com.

Getting Care

In CONUS locations, you must use a United Concordia network dentist to receive ADDP-covered dental care. If a network dentist isn't available in your area, call United Concordia to verify lack-of-network availability and receive pre-authorization to use a non-network dentist. If you use a non-network dentist without pre-authorization, you'll be responsible for payment.

Note: You must receive pre-authorization from United Concordia to get civilian care. Once pre-authorized, go to www.addp-ucci.com and use the Find a Dentist tool to find a CONUS dentist near you.

In OCONUS locations, you can see any dentist. United Concordia can help you make an appointment.

In both CONUS and OCONUS locations, you must get an Appointment Control Number from United Concordia before getting nonemergency care. In CONUS locations, you can get an ACN on the ADDP website or call 866-984-2337. In OCONUS locations, it's strongly recommended that you call United Concordia to get an ACN and to schedule your appointment. The OCONUS phone number is 844-653-4058. Find country-specific access codes at www.addp-ucci.com.

Note: Those in remote status can request an ACN in the ways noted for CONUS and OCONUS ADSMs. The ACN will be on the referral itself.

Covered Services and Costs






For a list of covered services and costs, visit the ADDP website at www.addp-ucci.com. Not all dental procedures are covered under the ADDP. If you elect to receive non-covered services, you'll be responsible for payment.

With the ADDP, ADSMs:

- Don't need to enroll or pay premiums
- Will have no out-of-pocket costs for covered services

KEEP YOUR DEERS INFORMATION UP TO DATE!

Your military service determines your TRICARE eligibility, and DEERS maintains your information. It's important for sponsors to keep DEERS records up to date. You have several options for updating and verifying DEERS information:

 Online¹	milConnect website: https://milconnect.dmdc.osd.mil
 Phone¹	800-538-9552 866-363-2883 (TDD/TTY)
 Fax¹	800-336-4416
 Mail¹	DMDC Support Office 400 Gigling Rd. Seaside, CA 93955
 In Person² (add a family member or update contact information)	Find a Uniformed Services ID card office near you: https://idco.dmdc.osd.mil/idco Call ahead for hours and instructions.

1. Use these methods to change contact information only.
2. Only sponsors (or sponsor-appointed individuals with valid power of attorney) can add a family member. Family members aged 18 and older may update their own contact information.

TRICARE DENTAL PROGRAM

The TDP is a voluntary premium-based dental program. The dental benefit is administered by United Concordia. The TDP is available stateside and overseas* to the beneficiary types listed below.

BENEFICIARY TYPES	PROGRAM DESCRIPTION
<ul style="list-style-type: none"> Eligible active duty family members Survivors National Guard and Reserve members and their family members Individual Ready Reserve members and their family members 	<ul style="list-style-type: none"> Voluntary enrollment and worldwide portable coverage Single and family plans with monthly premiums Lower specialty care cost-shares for pay grades E-1 through E-4 Comprehensive coverage for most dental services 100% coverage for most preventive and diagnostic services

* The TDP is divided into two geographical service areas: continental United States and outside the continental United States. The TDP CONUS service area includes the 50 United States, the District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands. The TDP OCONUS service area includes areas not in the CONUS service area and covered services provided aboard a ship or vessel outside the territorial waters of the CONUS service area.

Eligibility

The TDP uses DEERS to check enrollment eligibility. To be eligible to enroll in the TDP, your sponsor must have at least 12 months remaining on their military service commitment at the time of enrollment. This service commitment will be based on the time remaining in any single status or in any uninterrupted combination of active duty or National Guard or Reserve status.

† These students are eligible until reaching the end of the month in which they turn age 23. However, if the student ends their education before reaching age 23, eligibility ends at the end of the month in which the education ends. Unmarried children are also covered until reaching age 23 if they have a disabling illness or injury that occurred before their 21st birthday; or they have a disabling illness or injury that occurred between ages 21 and 23 and, at the time of the illness or injury, were enrolled in a full-time course of study at an approved institution of higher learning and the sponsor provided over 50% of the financial support.

Additionally, you must be one of the following:

- Family member or legal dependent of an ADSM
- Family member of a National Guard or Reserve member
- National Guard or Reserve member not on active duty
- Transitional survivor
- Surviving child

Family members of ADSMs and National Guard and Reserve members include:

- Spouses
- Unmarried children until reaching age 21, including stepchildren, adopted children (both pre-adoptive and finalized adoption), and court-ordered wards
- Unmarried children of TRICARE-eligible sponsors† until reaching age 21 (or age 23 if enrolled in a full-time course of study at an approved institution of higher learning and if the sponsor provides over 50% of the financial support)

Enrollment

There are three ways to enroll in the TDP:

- Online (CONUS only, excluding Puerto Rico, Guam, and the U.S. Virgin Islands): Go to the Beneficiary Web Enrollment portal at <https://milconnect.dmdc.osd.mil>.
- Mail: Download the *TRICARE Dental Program Enrollment/Change Authorization Form* from www.tricare.mil/forms. Mail the completed enrollment form, along with the initial premium payment (credit card, check, or money order) to:

United Concordia–TRICARE Dental Program
P.O. Box 645547
Pittsburgh, PA 15264

- Phone: Call United Concordia customer service:
 - CONUS: 844-653-4061
 - OCONUS: 844-653-4060 (toll-free) or 717-888-7400 (toll)
 - TDD/TTY: 711

Getting Care

United Concordia offers an extensive network of dentist locations. Remember to check if your dentist is in the network before receiving care.

TDP CONUS Service Area

TDP enrollees residing in the TDP CONUS service area (the 50 United States, the District of Columbia, Guam, Puerto Rico, and the U.S. Virgin Islands) can receive dental care at civilian dental offices and visit any licensed and authorized civilian dentist. However, receiving treatment from a United Concordia network dentist helps you save money on dental services. A network dentist has signed an agreement with United Concordia to follow TDP rules for providing care and accepting payments. When using a network dentist, you won't have to pay more than your cost-share for covered services.

Dentists who haven't signed an agreement with United Concordia are considered non-network dentists. Non-network dentists may bill you their full fee. You're responsible for paying the difference between United Concordia's allowed fee and the amount charged by the non-network dentist, in addition to the applicable cost-share. Also, non-network dentists aren't required to submit claims on your behalf.

TDP OCONUS Service Area

The TDP OCONUS service area includes areas not in the CONUS service area and covered services provided aboard a ship or vessel outside the territorial waters of the CONUS service area, regardless of the dentist's office address. You may visit any OCONUS dentist to receive dental care. However, it may be beneficial to visit a TRICARE OCONUS Preferred Dentist. TOPDs don't require you to pay their full charge at the time of service and only require the applicable cost-share, if any. Once services are performed, TOPDs complete and submit claims on your behalf. TOPDs may not be available in all locations, but it's beneficial to use them for all care, including orthodontics, where they're available. You aren't required to use a TOPD, but if you see a non-TOPD, they may require you to pay up front for services before you receive care. You may also have to file your own claims and other required documentation. To find a CONUS or OCONUS dentist, visit www.uccitdp.com.

Note: For orthodontic services, members in the OCONUS service area need to get a *Non-Availability and Referral Form* from their TRICARE Area Office, OCONUS military dental clinic, or designated OCONUS point of contact before any orthodontic treatment can begin.

Costs

For a list of cost-shares, visit www.tricare.mil/dentalcosts. If you visit a non-network dentist who charges more than the allowed fee, you may incur additional expenses.

Premiums vary based on sponsor and member status. TDP premium amounts change annually. Visit www.tricare.mil/dentalcosts for current premium rates.

Additionally, for premium payments, please note:

- Initial payment: For the first month of coverage, you can make your initial payment by credit card, check, or money order.
- Ongoing payments: Payroll allotment is required for ongoing payment for enrollments associated with an ADSM. However, you can make ongoing payments for enrollments associated with a National Guard or Reserve sponsor by payroll allotment, electronic funds transfer, or credit card.

OPTIONAL DENTAL COVERAGE FOR RETIREES AND CERTAIN OTHERS

The U.S. Office of Personnel Management offers eligible TRICARE beneficiaries the option to enroll in a dental plan through the Federal Employees Dental and Vision Insurance Program.

FEDVIP offers a range of plans from a number of dental carriers. It's available to the beneficiary types listed below.

BENEFICIARY TYPES	PROGRAM DESCRIPTION
<ul style="list-style-type: none"> • Retirees and their eligible family members worldwide • National Guard and Reserve retirees and their eligible family members • Certain surviving spouses (who haven't remarried) and children • Medal of Honor recipients and their eligible family members 	<ul style="list-style-type: none"> • Voluntary enrollment • Choose from several dental carriers. • Carriers offer different plan options. • Some plans offer both standard and high coverage options.

Eligibility

You're eligible for dental coverage through FEDVIP if you fall into any of these beneficiary types:

- Retired service members and their eligible family members
- Retired National Guard and Reserve members, including those who aren't 60 years old and who aren't receiving retired pay, and their eligible family members
- Eligible surviving children of a sponsor who died on retired status (up to age 21 or 23)
- Unremarried surviving spouses of sponsors who died on retired status

- Surviving spouses of sponsors who died while on active service for more than 30 days (once no longer eligible for the TDP)
- Medal of Honor recipients and their eligible family members

Enrollment

You may enroll in a FEDVIP dental plan following a qualifying life event or during the annual Federal Benefits Open Season. For more information about enrollment, eligibility, and carrier options, visit www.benefeds.gov.

LOOKING FOR **More Information?** GO TO www.tricare.mil

Active Duty Dental Program

United Concordia Companies, Inc.
866-984-2337 (CONUS toll-free)
844-653-4058 (OCONUS toll-free)
717-888-7400 (OCONUS toll)
Country-specific access codes are available on the ADDP website.
TDD/TTY: 711

www.addp-ucci.com

www.tricare.mil/addp

TRICARE Dental Program

United Concordia Companies, Inc.
844-653-4061 (CONUS toll-free)
844-653-4060 (OCONUS toll-free)
717-888-7400 (OCONUS toll)
TDD/TTY: 711

www.uccitdp.com

www.tricare.mil/tdp

Federal Employees Dental and Vision Insurance Program

U.S. Office of Personnel Management
877-888-3337 (stateside toll-free)
877-889-5680 (TTY toll-free)
571-730-5942 (overseas toll)

www.benefeds.gov

An Important Note About TRICARE Program Information

*At the time of publication, this information is current. It's important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. **Military hospital and clinic guidelines and policies may be different than those outlined in this publication.** For the most recent information, contact your TRICARE regional contractor or local military hospital or clinic. The TRICARE program meets the minimum essential coverage requirement under the Affordable Care Act.*

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