

## What is the TRICARE Online Appointment Center?

The TRICARE Online (TOL) Appointment Center allows authorized adult family members logging in to TOL with their Common Access Card (CAC) or DoD Self-Service (DS) Logon, the ability to schedule, view, set reminders, and cancel both Primary Care and select self-referral specialty appointments on behalf of:

- Themselves
- Other adult family members (who have granted access)
- Minor children (under 18 years of age)

### For More Information

Please contact TOL

Customer Service

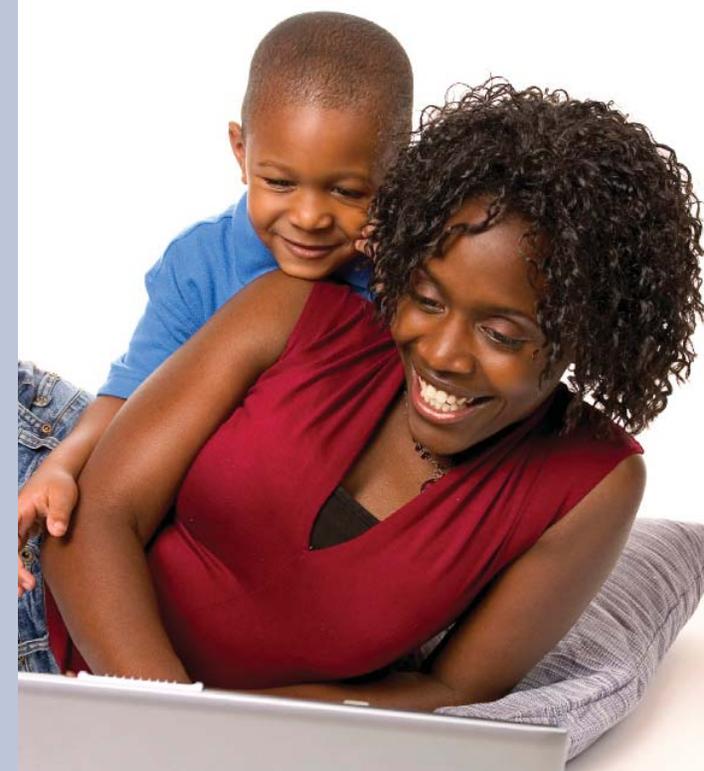
It is available 24/7

Tel. 1-800-600-9332 (CONUS)

OCONUS telephone numbers

are located at

[www.tricareonline.com](http://www.tricareonline.com)

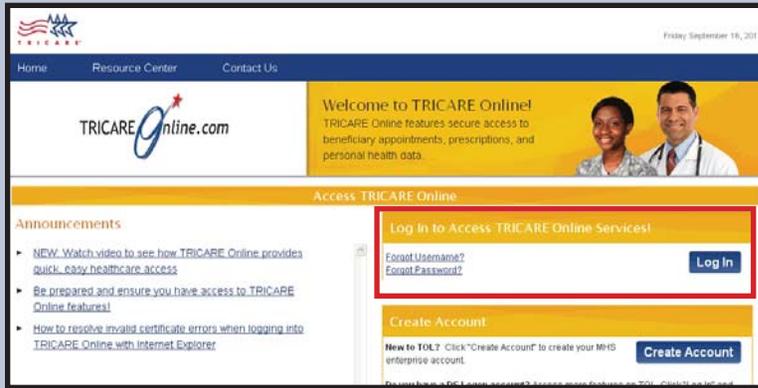


## TRICARE Online Appointment Center



# How Do I Access the TOL Appointment Center?

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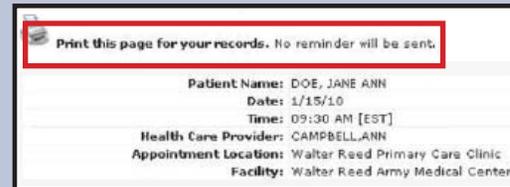
5

TUE	WED	THU	FRI
	13 * 11:15 15:30	14 * 08:00 09:30 10:00 15:30	15 * 08:00 15:30
09:30 15:30 20:30	20 * 08:00 09:45 13:00 14:45 15:30		

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Go to the TOL Home page located at [www.tricareonline.com](http://www.tricareonline.com).

2

Log into TOL using your CAC or DS Logon.

3

Visit the Appointment Center of the TOL Beneficiary Home page to schedule and or cancel an appointment for yourself or a designated family member.

4

Select the family member from the 'Select Family Member' drop-down list and click on the 'Go' button. You can now view or cancel active appointments for the selected family member. If you wish to schedule a new appointment, select the Visit Reason from the appointment drop-down list.

5

Choose an available appointment for the family member.

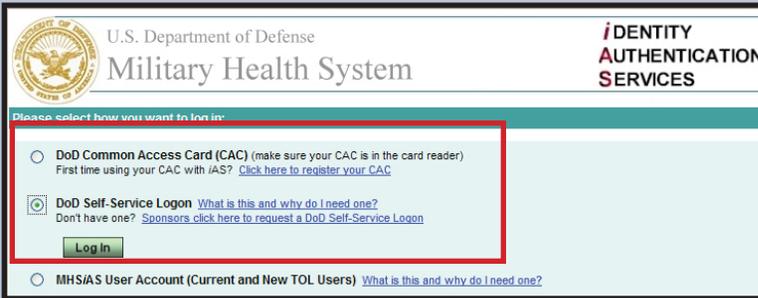
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Confirm the date, time, provider, and location for the appointment. Enter a reason for the appointment.

7

Congratulations! The appointment was successfully scheduled. Please print this page for your records.

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