

2012 Military Health System CONFERENCE



Obstetrics Services Initiative

A DoD-VA Sharing Agreement

The MHS: Healthcare to Health

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Introduction

- The Veterans Administration (VA) is faced with increasing numbers of young female patients
- The VA San Diego Health System (VASDHS) cannot accommodate obstetrics care
- The VA pays \$8-11K per patient for fee-based obstetrics care in the community
- NMCS D beneficiaries currently do not support a goal of 300 deliveries per month to maintain Graduate Medical Education (GME) programs; NMCS D has capacity to offer care to the VASDHS

Methods



- Under a joint sharing agreement, pregnant VA patients are offered care at NMCS D instead of community care. To date, most are excited about receiving care to NMCS D
- The VASDHS submits a consult and authorization for prenatal, delivery, and post-partum care; includes all support services and specialty care resulting from OB complications
- The VASDHS will be billed at DRG/CMAC minus 10%
- Newborns are eligible for seven days of care

Results



- In eight months:
 - 64 VA pregnant patients seen for care
 - 8 VA mothers have high risk diagnosis pregnancy
 - 385 VA outpatient visits and 13 ER (obstetric) visits
 - 13 VA mothers disposition to home
 - 13 VA well babies born and sent home
 - Provides state-of-the-art care, promotes sharing, enhances GME & saves taxpayers dollars.
- NMCS D delivered the first VA baby in October 2011 by cesarean section

Conclusions



- VASDHS has unmet demand for OB care
- NMCS D has capacity
- VA patients are excited receiving world-class care at the NMCS D
- VA patients will help NMCS D meet its monthly delivery
- VASDHS saves an average of 59% over fee-basis care
- A win-win for both medical facilities, the patients, and the taxpayer

