

# TRICARE DENTAL PROGRAM

## DISTANT SITE\* ORTHODONTIC PATIENTS

### How to use your overseas dental benefit:

In order to use the TRICARE Dental Program (TDP) the sponsor and the beneficiary family members need to be enrolled in the program. Beneficiaries who are command sponsored are covered by OCONUS TDP rules and Non-command sponsored beneficiaries are covered by CONUS TDP rules. Children under the age of 21 or spouses and college students under the age of 23 are eligible for the TDP orthodontic benefit. Initial Non-availability and Referral Forms (NARF) for orthodontic exams and treatment plans may be obtained from the nearest Dental Treatment Facility (DTF) or the TRICARE Area Office (TAO) - Europe. Patients may go to the DTF for dental care, or they may call, fax, or e-mail the TAO at the phone # or address listed on this page and request host-nation orthodontic care. After verifying the patient's enrollment and the amount of orthodontic benefit in the TDP, either the DTF or TAO will issue an initial NARF for the treatment plan or include it when the comprehensive NARF is sent. Care should be received from an orthodontist on the host-nation provider list. The provider listing is on the TDP web site at [www.tricare dental program.com](http://www.tricare dental program.com). After the initial orthodontic exam and treatment plan is completed, the following treatment planning materials should be mailed to the TAO:

- Study casts or photos of the teeth (straight on, right and left lateral, maxillary and mandibular occlusal)
- Cephalometric tracing or computer generated cephalometric tracing
- Appropriate x-rays to include an orthopantograph and a lateral cephalometric radiograph
- Written diagnosis and treatment plan to include the estimated time and cost of treatment

After evaluation and approval of the treatment planning materials, TAO will return the treatment planning materials to the sender, and will send the NARF for the comprehensive orthodontic care and exam and a letter explaining how to file the claim with UCCI, to the sponsor.

If the family is command sponsored, UCCI and the government will normally cover approximately 50% of the total cost of the orthodontic care, unless some of the lifetime benefit has been used. In that case the prior amount used figures into the amount that UCCI will pay for the OCONUS orthodontic care. **After the braces are placed the sponsor should submit the claim to UCCI** and the family will be paid in one lump sum payment, 2-4

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weeks after claim submission. Claims can be mailed (address at the top of form) or fax to (001 717 260 7367).

### To submit the claim send these items to UCCI:

- The NARFs
- A Completed UCCI OCONUS Claim Form
- The provider's bill for the total cost of care

### Mail orthodontic treatment planning materials to:

Military address: TRICARE Europe Ortho  
Unit 10310  
APO AE 09136-0005

German address: TRICARE Europe Ortho  
Unit 10310  
Bldg. 214, Fourth Floor, Rm422  
Sembach Flugplatz  
67681 Heuberg

### Address questions concerning this program to the TAO – Europe Dental Office:

The TRICARE Area Office Dental Program at  
DSN: 496-6358, Commercial in Germany: 06302-67-6358,  
outside of Germany: 0049-6302-67-6358

E-mail address: [TDP@europe.tricare.osd.mil](mailto:TDP@europe.tricare.osd.mil) or  
UCCI email at: [oconus@ucci.com](mailto:oconus@ucci.com)

UCCI phone in the US: Dial the countries AT&T access  
number and then 1-888-418-0466 (toll free)

### AT&T Access numbers:

Germany – 0800 2255 288 Spain – 900 99 00 11  
United Kingdom – 0800 013 0011, Turkey – 0811 288  
0001 Italy – 800 172 444 Belgium - 0 800 100 10

\* Distant sites are defined as locations that are 50 miles or more away from the nearest DTF in non-remote countries. Non-remote countries are those that have a US Military DTF.