



# Active Duty Family Members: TRICARE Dental Plan

TEO FS-6

"Your Passport to Quality Health"

Fact Sheet



*Family members of active duty military stationed overseas, as well as reservists and their family members living overseas, may enroll in the TRICARE Dental Program (TDP). This paid dental insurance plan, managed by United Concordia Companies, Inc. (UCCI), helps offset out-of-pocket expenses for overseas civilian dental care.*

## Your Overseas Dental Care

Active duty family members living in an overseas area serviced by a military Dental Treatment Facility (DTF) can often receive space available dental care required to maintain good oral health from their local military dental clinics. Those who live in remote areas or assigned to locations where care is not available in the DTF can enroll in the TDP and receive their care from local national providers.

Non-Availability Forms (NARF)s are no longer needed for routine or non-orthodontic dental treatment. However, NARFs are needed for orthodontics and for implants and patients must go to a listed host nation provider for any dental care.

## What category are you in?

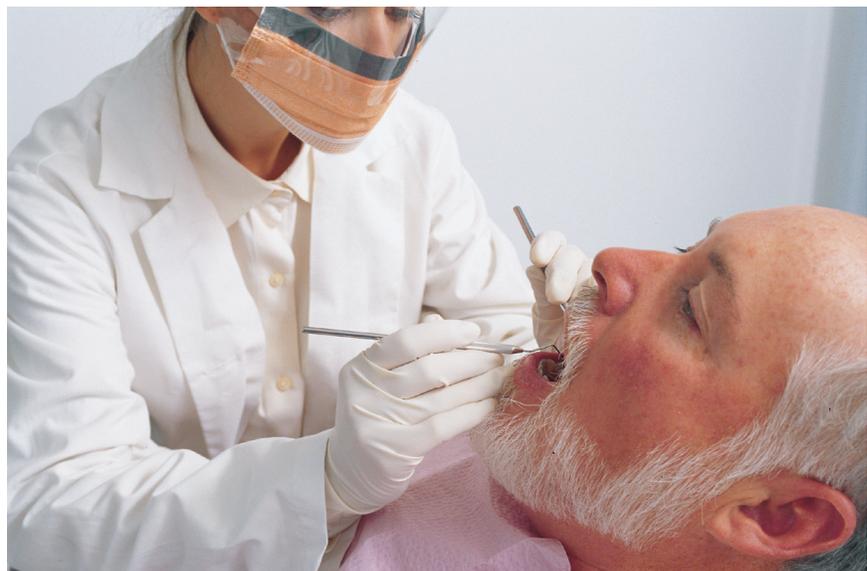
No matter where you live in the European theater, you can use the TRICARE Dental Program. The type of dental service available to you depends on where you call home:

**Remote:** Remote overseas locations are countries where the uni-

formed services have no military DTFs such as Sweden, Egypt, or Russia. If you live in a remote area and are enrolled in the TDP, you will receive your dental care from local national providers.

**Non-Remote:** Non-remote locations are those countries such as Germany, Italy and the UK that have fixed military DTFs. If enrolled, the dental plan will cover family members living in these countries, thus augmenting the dental services provided by military DTFs. Patients must go to listed host nation dentists in order to receive care outside of the DTF.

**Non-Remote Distant Sites:** This category applies for family members who live over 50 miles away from a military DTF. These beneficiaries should call or e-mail the TAO - Europe Dental Office at the numbers listed in this brochure to request information or to get a NARF for orthodontic care or dental implants. Patients must go to listed host nation providers.



## Enrolling in the TDP

You can enroll in the TDP at the UCCI web site on-line or via the mail. Sponsors must enroll for a minimum of 12 months.

You may e-mail UCCI at [oconus@ucci.com](mailto:oconus@ucci.com) or visit their website, [www.TRICAREdentalprogram.com](http://www.TRICAREdentalprogram.com). If mailing your enrollment, you are asked to send a check or money order for the amount equal to **one month's premium** to UCCI as you submit the application. If enrolling online, you will need to use a credit card to pay for the initial month's premium.

Once your enrollment information has been processed, you will receive a benefit booklet and your dental ID cards. Enrollment applications must be received at UCCI by the 20<sup>th</sup> day of the month for coverage to begin on the first day of the next month. Keep in mind that if UCCI receives your application after the 20<sup>th</sup> day of the month, your coverage will not become effective until the first day of the second month.

No additional applications or procedures are required for individuals already enrolled in the CONUS TDP plan who are reassigned overseas.

***If you are enrolled in the states, you will remain enrolled during your overseas assignment unless you disenroll through UCCI to cancel the insurance.***

## Authorization and Referral Process

No NARF is necessary for routine dental care, regardless of your location.

## Orthodontic Care and Dental Implants

For orthodontics and implants from host nation providers an initial exam NARF is required from the DTF or from the TRICARE Area Office (TAO) - Europe Dental Office. After an orthodontic or implant treatment plan is done those materials must be sent to the TAO Dental Office for review and approval. Contact the TAO Dental Office at the numbers listed for specific information on this review process.

## Dental Benefit Specifics

- Monthly premiums are **\$10.51** for one family member and **\$26.27** for multiple family members (effective Feb 01, 2006).
- The maximum allowable benefit for CONUS/OCONUS is **\$1,200 maximum** per ADFM per contract year (Feb. 1 through Jan. 31) and **\$1,500 lifetime maximum** per Active Duty family member, Reservist, or Reserve family member for orthodontic care.
- As with the CONUS program, once the maximum allowable benefit has been exceeded, the member will be responsible for the entire cost of any additional services received.
- OCONUS the government will cover the beneficiary's cost shares for many routine dental procedures, including diagnostic, preventive, restorative, endodontic, periodontic, and oral surgery procedures.
- The TDP covers orthodontic care for children to age 21 and for students and spouses to age 23. Care initiated in the CONUS service area may be continued OCONUS (unless the lifetime maximum has already been met).
- If overseas enrollees return to CONUS to seek dental care, CONUS dental benefit procedures and costs will be followed.
- Prior to seeing a host-nation provider, beneficiaries should verify current enrollment through UCCI.

## More Information

Get more information on the TRICARE Dental Program at [www.TRICAREdentalprogram.com](http://www.TRICAREdentalprogram.com) or on the TRICARE Europe web site at [www.europe.tricare.osd.mil](http://www.europe.tricare.osd.mil).

You may also contact UCCI at (717) 975-5017 (not toll-free), 1-888-418-0466 toll free by using your country's AT&T access code or e-mail them at [oconus@ucci.com](mailto:oconus@ucci.com).

The TRICARE Area Office - Europe Dental Program Coordinator can be reached at DSN 496-6358, or civilian 49-(0) 6302-67-6358, e-mail: [TDP@europe.tricare.osd.mil](mailto:TDP@europe.tricare.osd.mil).