

TRICARE BENEFICIARY BULLETIN – MAY 27 - 669 WORDS

LEAD MUSIC (:03)

THIS IS THE TRICARE BENEFICIARY BULLETIN, AN UPDATE ON THE LATEST NEWS TO HELP YOU MAKE THE BEST USE OF YOUR TRICARE BENEFIT. I'M AUSTIN CAMACHO (:10)

FIRST UP: ANNEMARIE FELICIO REPORTS ON PAYING ENROLLMENT FEES ELECTRONICALLY.

TRICARE PRIME BENEFICIARIES CAN SAVE TIME BY PAYING THEIR ENROLLMENT FEES ELECTRONICALLY.

RETIREES AND THEIR FAMILIES ENROLLED IN TRICARE PRIME PAY AN ANNUAL ENROLLMENT FEE. TRICARE PRIME BENEFICIARIES CAN PAY ELECTRONICALLY WITH DIRECT WITHDRAWALS FROM THEIR RETIREMENT PAY ALLOTMENT OR BY CREATING AN ELECTRONIC FUNDS TRANSFER, AN E-F-T, LINKED TO A BANK ACCOUNT.

ON EACH REGIONAL HEALTH CARE CONTRACTOR'S WEBSITE BENEFICIARIES CAN DOWNLOAD AND FILL OUT THE REQUIRED ENROLLMENT FEE ALLOTMENT AUTHORIZATION LETTER OR EFT PAYMENT AUTHORIZATION FORM TO GET STARTED.

BENEFICIARIES MUST MAIL THE COMPLETED FORM BACK TO THEIR REGIONAL HEALTH CARE CONTRACTOR. THE SYSTEM DOESN'T ALLOW ELECTRONIC FORM SUBMISSIONS.

ONCE FORMS ARE RECEIVED AND AUTHORIZED, TRICARE PRIME ENROLLMENT FEES ARE AUTOMATICALLY DEDUCTED FROM THE BENEFICIARY'S RETIREMENT PAY OR BANK ACCOUNT MONTHLY. IN THE SOUTH REGION, A QUARTERLY PAYMENT IS REQUIRED BEFORE ESTABLISHING A MONTHLY PAYMENT OPTION. BENEFICIARIES CAN VIEW ONLINE PAYMENT HISTORY AND CLAIMS STATUS AT ANY TIME.

BOTH PAYMENT METHODS ARE SAFE AND CONVENIENT OPTIONS. OF COURSE, MAIL-IN PAYMENTS ARE ACCEPTED AND PAY-BY-PHONE IS ALSO AVAILABLE. YOUR REGIONAL HEALTH CARE CONTRACTOR CAN GIVE YOU THE DETAILS.

FOR TRICARE MANAGEMENT ACTIVITY, I'M ANNEMARIE
FELICIO.

NEXT, A REMINDER THAT TRICARE STANDARD IS ALSO A GREAT
HEALTH CARE OPTION. TRICARE STANDARD OFFERS THE
FLEXIBILITY OF SEEING BOTH TRICARE-AUTHORIZED NETWORK
AND NON-NETWORK PROVIDERS, WITHOUT HAVING TO PAY
ANNUAL ENROLLMENT FEES.

TRICARE STANDARD MAY BE YOUR CHOICE FOR A NUMBER OF
REASONS. YOU MAY BE HAPPY WITH THE TREATMENT YOU
CURRENTLY RECEIVE FROM A SPECIFIC CIVILIAN PROVIDER
THAT MAY NOT BE IN THE TRICARE PROVIDER NETWORK. ALSO,
IF YOU TRAVEL FREQUENTLY, LIVE FAR AWAY FROM A
MILITARY TREATMENT FACILITY, ARE AWAY AT SCHOOL OR
HAVE OTHER HEALTH INSURANCE AND USE TRICARE AS YOUR
SECONDARY HEALTH INSURANCE COVERAGE. STANDARD
GIVES YOU THE ASSURANCE THAT YOU'LL HAVE ACCESS TO
QUALITY, LOW-COST HEALTH CARE WHEREVER YOU LIVE OR
TRAVEL.

STANDARD OFFERS AFFORDABLE COST SHARES AND DEDUCTIBLES. STANDARD BENEFICIARIES PAY A 15 PERCENT COST SHARE TO SEE A NETWORK PROVIDER AND A 20 PERCENT COST SHARE TO SEE A NON-NETWORK PROVIDER, AFTER SATISFYING A YEARLY DEDUCTIBLE THAT RANGES FROM \$50-\$300, DEPENDING ON FAMILY COVERAGE.

STANDARD BENEFICIARIES DO NOT PAY COST SHARES FOR MANY PREVENTIVE HEALTH SERVICES SUCH AS SCREENINGS FOR COLORECTAL, PROSTATE, BREAST AND CERVICAL CANCERS, AND MOST IMMUNIZATIONS. THIS APPLIES WHETHER OR NOT THE BENEFICIARY HAS MET THEIR DEDUCTIBLE.

AND FINALLY, ANNMARIE FELICIO REPORTS ON TRAVELING OVERSEAS WITH TRICARE.

TRAVELING OVERSEAS CAN BE AN AMAZING EXPERIENCE—UNLESS YOU HAVE A MEDICAL EMERGENCY. UNDERSTANDING YOUR TRICARE COVERAGE BEFORE LEAVING HOME IS KEY.

BEFORE TRAVELING, YOU SHOULD MAKE SURE YOUR DEFENSE ENROLLMENT ELIGIBILITY REPORTING SYSTEM, OR DEERS, INFORMATION IS ACCURATE.

TRICARE ENCOURAGES ALL BENEFICIARIES WHO HAVE A MEDICAL EMERGENCY OVERSEAS TO SEEK TREATMENT IMMEDIATELY. ACTIVE DUTY SERVICE MEMBERS AND PRIME-ENROLLED ACTIVE DUTY FAMILY MEMBERS SHOULD FIRST ATTEMPT TO CONTACT THE TRICARE GLOBAL REMOTE OVERSEAS ALARM CENTER – TGRO - FOR THE AREA IN WHICH THEY ARE TRAVELING. AFTER ARRIVING AT THE EMERGENCY FACILITY, THEY SHOULD HAVE THE FACILITY CONTACT THE TGRO ALARM CENTER TO ARRANGE FOR PAYMENT. IF YOU LEAVE THE EMERGENCY FACILITY BEFORE CONTACTING THE TGRO ALARM CENTER, YOU COULD BE LIABLE FOR THE CLAIM.

TRICARE STANDARD BENEFICIARIES WHO GET EMERGENCY OR URGENT CARE OVERSEAS SHOULD BE PREPARED TO PAY FOR IT UP-FRONT AND SUBMIT A CLAIM WITH THEIR TRICARE REGIONAL HEALTH CARE CONTRACTOR WHEN THEY GET HOME.

BENEFICIARIES WHO TAKE PRESCRIPTION MEDICINE SHOULD
TAKE CARE OF ALL REFILLS BEFORE THEIR TRIP. AND ONE OF
THE MOST IMPORTANT THINGS YOU CAN DO WHILE
TRAVELLING ABROAD IS TO SAVE ALL MEDICAL RECEIPTS!

FOR TRICARE MANAGEMENT ACTIVITY, I'M ANNEMARIE FELICIO

AND THAT'S TODAY'S TRICARE BENEFICIARY BULLETIN. WE'LL
HAVE MORE NEWS YOU CAN USE NEXT WEEK. (:03)

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