

TRICARE BENEFICIARY BULLETIN – OCTOBER 26, 2012 – 640 WORDS

LEAD MUSIC (:03)

THIS IS THE TRICARE BENEFICIARY BULLETIN, AN UPDATE ON THE LATEST NEWS TO HELP YOU MAKE THE BEST USE OF YOUR TRICARE BENEFIT. I'M LORRAINE CWIEKA. (:10)

FIRST UP: ANNEMARIE FELICIO REPORTS ON AN UPCOMING WEBINAR FOR NATIONAL GUARD AND RESERVE MEMBERS.

TRICARE AND MILITARY ONESOURCE WILL HOST A WEBINAR ON TRICARE BENEFITS AVAILABLE TO NATIONAL GUARD AND RESERVE MEMBERS ON MONDAY, OCTOBER 29, 2012, FROM 10 A.M. TO 11:00 A.M., EASTERN DAYLIGHT TIME.

THE DIFFERENT STAGES OF THE NATIONAL GUARD AND RESERVE DEPLOYMENT CYCLE CAN MAKE IT CHALLENGING FOR MEMBERS AND THEIR FAMILIES TO KNOW WHAT TRICARE BENEFITS ARE AVAILABLE.

BRIAN SMITH, POLICY AND PROGRAM ANALYST, WARRIOR SUPPORT BRANCH, TRICARE MANAGEMENT ACTIVITY, WILL DISCUSS WHICH BENEFITS GUARD AND

RESERVE MEMBERS CAN USE THROUGHOUT THE DEPLOYMENT CYCLE, HOW TO UPDATE ELIGIBILITY STATUS AND WHO TO CONTACT FOR HELP WITH ENROLLMENT OR PURCHASING THE DIFFERENT HEALTH AND DENTAL PLANS.

TO REGISTER FOR TRICARE'S WEBINAR WITH MILITARY ONESOURCE GO TO: MILITARYONESOURCE.MIL/WEBINAR. REGISTRATION IS ON A FIRST-COME, FIRST-SERVED BASIS AND IS LIMITED DUE TO SYSTEM CAPACITY.

PARTICIPANTS MUST AVOID SHARING PERSONAL HEALTH INFORMATION WHEN ASKING A QUESTION.

TRICARE PROVIDES COMPREHENSIVE HEALTH AND DENTAL PLAN OPTIONS TO MEMBERS OF THE NATIONAL GUARD AND RESERVE AND THEIR FAMILIES. TO GET TAILORED INFORMATION VISIT: TRICARE.MIL AND ANSWER A COUPLE OF EASY QUESTIONS IN THE PROFILE FEATURE.

FOR TRICARE MANAGEMENT ACTIVITY, I'M ANNEMARIE FELICIO.

TRICARE BENEFICIARIES HAVE SEVERAL CHOICES TO OBTAIN THEIR PRESCRIPTION MEDICATIONS, WHICH INCLUDE PHARMACIES AT MILITARY CLINICS AND HOSPITALS, PHARMACY HOME DELIVERY AND MORE THAN 57,000 IN-NETWORK RETAIL PHARMACY LOCATIONS NATIONWIDE. MANY

BENEFICIARIES FIND THAT MILITARY PHARMACIES, WHICH FILL BRAND NAME AND GENERIC PRESCRIPTIONS AT NO COST, ARE THEIR BEST OPTION, BUT YOU MAY DECIDE THE CONVENIENCE OF HOME DELIVERY IS RIGHT FOR YOU.

IF YOU ARE USING HOME DELIVERY, YOU WILL WANT TO DO EVERYTHING YOU CAN TO ENSURE YOUR PRESCRIPTIONS ARE DELIVERED ON-TIME AND ACCURATELY INCLUDING:

- MAKING SURE ALL THE INFORMATION IS FILLED OUT ON THE PRESCRIPTION AND;
- OBTAINING NECESSARY PRIOR AUTHORIZATIONS OR APPROVALS.

ASK YOUR PHYSICIAN TO SEND PRESCRIPTIONS ELECTRONICALLY TO TRICARE PHARMACY HOME DELIVERY.

TRICARE PHARMACY HOME DELIVERY DELIVERS PRESCRIPTION MEDICATIONS SAFELY AND SECURELY RIGHT TO YOUR DOOR. THERE IS NO COST FOR GENERIC MEDICATIONS, AND BRAND NAME MEDICATIONS COST ONLY \$9 FOR UP TO A 90-DAY SUPPLY. AND HOME DELIVERY HAS NO SHIPPING COSTS. REFILLS ARE EASILY ORDERED ONLINE, BY PHONE, REGULAR MAIL, OR MOBILE APP. HOME DELIVERY ALSO OFFERS CONVENIENT NOTIFICATIONS ABOUT ORDER STATUS, REFILL REMINDERS, AND ASSISTANCE IN RENEWING EXPIRED PRESCRIPTIONS.

FOR MORE INFORMATION ON TRICARE PHARMACY HOME DELIVERY VISIT
TRICARE.MIL/HOMEDELIVERY OR THE EXPRESS SCRIPTS WEBSITE AT EXPRESS-
SCRIPTS.COM/TRICARE.

FINALLY: ANNEMARIE FELICIO REPORTS ON TRANSITIONING FROM ACTIVE
DUTY TO RETIREMENT.

BENEFICIARIES NEARING RETIREMENT FROM ACTIVE DUTY HAVE A LOT TO
LOOK FORWARD TO. ONE OF THE MOST IMPORTANT DECISIONS ALL RETIREES
FACE IS CHOOSING THEIR HEALTH CARE AFTER RETIREMENT.

THERE ARE SEVERAL OPTIONS FOR RETIREES TO CHOOSE FROM INCLUDING
TRICARE PRIME, STANDARD OR EXTRA. EACH PROGRAM OFFERS ADVANTAGES
RELATING TO COST, LOCATION AND CONVENIENCE.

TRICARE STANDARD AND EXTRA ARE BOTH GREAT OPTIONS FOR THOSE WHO
ARE NOT NEAR AN MTF OR WHERE PRIME IS NOT OFFERED. TRICARE STANDARD
AND EXTRA ARE FEE-FOR-SERVICE PLANS AVAILABLE TO ALL NON-ACTIVE
DUTY BENEFICIARIES THROUGHOUT THE UNITED STATES. ENROLLMENT IS NOT
REQUIRED AND COVERAGE IS AUTOMATIC AS LONG AS PERSONAL
INFORMATION IS CURRENT IN DEERS. REFERRALS ARE NOT REQUIRED, BUT
SOME SERVICES MAY REQUIRE PRIOR AUTHORIZATION.

TRICARE PRIME ENROLLMENT IS PORTABLE, MEANING RETIREES CAN TRANSFER COVERAGE TO ANOTHER REGION IF TRICARE PRIME IS AVAILABLE IN THAT NEW LOCATION. ENROLLMENT IS REQUIRED AND THERE ARE ANNUAL ENROLLMENT FEES FOR INDIVIDUAL AND FAMILY PLANS.

RETIREES CAN CONTINUE CARE IN AN MTF WITH A PRIMARY CARE MANAGER THROUGH TRICARE PRIME IF THERE IS AVAILABLE SPACE. ACTIVE DUTY SERVICE MEMBERS AND THEIR FAMILIES HAVE PRIORITY AT MTFs. BENEFICIARIES WHO ENROLL IN TRICARE PRIME AT AN MTF WILL RECEIVE CARE WHEN SPACE PERMITS.

TRICARE HAS SEVERAL HEALTH CARE OPTIONS FOR RETIREES AND THEIR FAMILIES DEPENDING ON LOCATION AND NEEDS. RETIREES WHO MOVE TO A NEW LOCATION OR REGION CAN USE THE TRICARE.MIL/MYBENEFIT TOOL TO FIND THE TRICARE OPTION FOR THEM AND NETWORK PROVIDERS IN THEIR AREA. THE REGIONAL CONTRACTOR CAN HELP MAKE THIS TRANSITION AS SMOOTH AS POSSIBLE.

FOR TRICARE MANAGEMENT ACTIVITY, I'M ANNEMARIE FELICIO.

AND THAT'S TODAY'S TRICARE BENEFICIARY BULLETIN. WE'LL HAVE MORE
NEWS YOU CAN USE NEXT WEEK. (:03)

TAIL MUSIC (:03)