UNITED STATES MARINE CORPS
MARINE FORCES RESERVE
4400 DAUPHINE STREET
NEW ORLEANS, LOUISIANA 70146-5400

IN REPLY TO:
1200
HSS
30 Jun 10

Dear Member of Marine Forces Reserve:

1. I would like to encourage you to join with other Reservists and National Guard Members to participate in the Department of Defense's ongoing Lifestyle Assessment Program (DLAP). As part of this program, DoD is distributing the 2009-2010 Health Related Behaviors Survey to Reserve Component personnel. The survey asks you about health related behaviors such as diet, exercise, stress, and drug, alcohol and tobacco use. These behaviors affect short and long-term well-being and greatly influence personnel readiness. The results of this survey will assist DoD in developing and enhancing programs that help members improve their health through adopting healthy habits.

2. You are asked to participate in this survey, which is being sent to approximately 20,000 selected Reservists and National Guard Members. The survey is especially important because it represents a test of a new method for conducting a survey amoung the Reserve Components.

3. In a survey such as this, each person who participates represents thousands of other service personnel. For us to have useful results, it is very important that you provide complete and accurate responses to the questions asked. I want to thank you for your participation in this important study. (Rest assured that your responses will be completely anonymous.)

4. If you have any questions regarding this survey please contact your respective unit's point of contact.

J. D. TURLIP
Chief of Staff