DEPARTMENT OF THE NAVY
OFFICE OF THE CHIEF OF NAVAL OPERATIONS
2000 NAVY PENTAGON
WASHINGTON, D.C. 20350-2000

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Ser N135/363
1 Aug 11

From: Director, Personal Readiness and Community Support (N135)
To: U.S. Navy Survey Participant

Subj: 2011 DEPARTMENT OF DEFENSE SURVEY OF HEALTH RELATED BEHAVIORS AMONG ACTIVE DUTY PERSONNEL

1. You have been selected to participate in the 2011 Survey of Health Related Behaviors among Active Duty personnel. I most strongly encourage you to participate in this survey that is part of the ongoing Department of Defense Lifestyle Assessment Program (DLAP).

2. The survey asks about health-related behaviors such as diet, exercise, stress, alcohol, and tobacco use. The results of this survey will assist Department of Defense (DoD) with developing and enhancing health promotion programs that help our Sailors improve their health and well being.

3. Your responses to the questions on the survey are completely anonymous. Neither the data collection contractor nor DoD will be able to associate any of the responses with you individually, nor will they be able to track the answers back to you. Please provide complete and accurate responses to the questions asked.

4. Please support this vital effort by responding promptly when you are asked to complete the survey.

5. I want to thank you for your participation in this important study.

M. E. Herb

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RDML, USN