

Using the **TRICARE**® Website

Welcome to www.tricare.mil, your resource for TRICARE information!

Enter Your Profile by answering three simple questions.

1 Who are you? **2** Where do you live? **3** What plan are you using?

If you're not sure how to answer questions 1 or 3, select "Not Sure I'm New to TRICARE" and we'll guide you through scenarios to help you enter your profile.

Get Tailored Information!

Learning about your TRICARE benefit has never been easier. Enter your profile!

Find it Fast!

Click on "Quick Links" to go straight to the most popular topics and find the information you need immediately.

Information for Staff, Providers, Media and Potential Vendors

This information is still one click away! Access information about TRICARE Management Activity (TMA), providers and business opportunities with TMA by clicking on links in the top navigation bar.

The screenshot shows the TRICARE website interface. At the top is a navigation bar with links: Home, TMA, Providers, Contracting, Media Center, TOL, Publications, Email Updates, and a Google Custom Search box. Below the navigation bar is a large banner area. On the left of the banner is the TRICARE logo and a welcome message: "Welcome, TRICARE Beneficiaries! TRICARE is the health care program serving Uniformed Service members, retirees and their families worldwide." On the right of the banner is the "Answer Three Questions" form, which includes three dropdown menus: "Who are you?", "Where do you live?", and "What plan are you using?". There is also a "Zip Code" input field and a "SUBMIT" button. To the right of the form is a photograph of a man carrying a child on his shoulders. Below the banner is a navigation menu with three tabs: "New to TRICARE", "Quick Links", and "Crisis Center". The "Quick Links" tab is active, showing a list of links: "See What's Covered", "Learn About Plans and Costs", "Find A Doctor", "Claims Information", "Prescriptions", "Am I Eligible? Should I Enroll?", "Update Personal Info", "Benefit At-a-Glance", "Find Forms", and "Find Phone Numbers". To the right of the "Quick Links" is a "News" section with three news items: "TRICARE Retired Reserve expected to begin this fall.", "August is Immunizations Month.", and "Tune into Dot-Mil-Docs every Thursday at 3 p.m. (EST)". At the bottom of the page is a footer with links: En Espanol, Privacy Policy, Fraud and Abuse, Contact Us, FAQs, Forms, Feedback, and Benefit Questions.

Website Features

The TRICARE Website offers many unique features and benefits!

- News: Provides regular benefit updates and other TRICARE news
- Crisis Center: Offers tips and news about your benefit during an emergency
- Benefit Questions: Ask an expert if you have a complex question
- E-mail Updates: Subscribe to get updates about TRICARE benefits
- Publications: Download benefit information (flyers, handbooks, etc.)
- FAQs: Answers to hundreds of questions about the TRICARE benefit