

Using the **TRICARE**[®] Website

Welcome to www.tricare.mil, your resource for TRICARE benefit information!

Enter Your Profile by answering three simple questions.

1 Who are you? 2 Where do you live? 3 What plan are you using?

If you're not sure how to answer questions 1 or 3, select "Not Sure I'm New to TRICARE" and we'll guide you through scenarios or a series of questions to help you enter your profile.

Get Tailored Information!

Learning about your TRICARE benefit has never been easier. Enter your profile!

Find the right plan for you!

Use our quick and easy Plan finder by clicking the "Find out now!" button. Just answer a few questions and the plan finder will give you a list of the plans you may qualify to use.

Learn what's new in TRICARE

Our news section provides visitors with the latest TRICARE news.

Information for Staff, Providers, Vendors and Media

This information is still one click away! Access information about the TRICARE Management Activity (TMA), providers, business opportunities with TMA, and resources for the media by clicking on the links at the bottom of the page.

The screenshot shows the TRICARE website interface. At the top left is the TRICARE logo. To the right, a welcome message reads: "Welcome TRICARE Beneficiaries! TRICARE is the health care program for Uniformed Service members, retirees and their families worldwide." The main content area features a large image of a man in a military uniform kneeling to shake hands with a young child. Overlaid on this image is a "Answer Three Questions" form with three dropdown menus: "1 Who are you?", "2 Where do you live?" (with a "Zip Code" field), and "3 What plan are you using?". A "Submit" button is at the bottom of the form. Below the image is a "Which TRICARE plan is for you? Use the Plan Finder" section with a "Find out now!" button. To the right is a "TRICARE News" section with a list of links: "The Dr. Is In: Be an Engaged Patient", "State of Emergency in Kentucky, Indiana, Illinois and Ohio", "New Transition Assistance Management Program Dental Benefits", "Budget Request Preserves Troop Health Benefits", and "Campaign to Improve Health". At the bottom, there is a navigation bar with links for "For Staff", "For Providers", "Vendors", "Media", "TOL Patient Portal", "FAQs", "Forms", "Subscribe", and "Contact Us". Below the navigation bar are links for "Privacy Policy", "Fraud and Abuse", and "FOIA". At the very bottom, a small text block states: "www.tricare.mil is the official web site of the TRICARE Management Activity, a component of the Military Health System, Skyline 5, Suite 810, 5111 Leesburg Pike, Falls Church, VA 22041-3206. The appearance of hyperlinks to external Web sites does not constitute endorsement by the TRICARE Management Activity of these Web sites or the information, products or services contained therein. For other than authorized government activities, TRICARE Management Activity does not exercise any editorial control over the information you may find at other locations. Such links are provided consistent with the stated purpose of this DoD Web site."

Website Features

The TRICARE Website offers many unique features and benefits!

- TOL Patient Portal: 24/7 online gateway to services at military treatment facilities
- FAQs: Answers to hundreds of questions about the TRICARE benefit
- Forms: Find claim, enrollment, disenrollment, dental and pharmacy forms here.
- Subscribe: Sign up for email updates about TRICARE
- Contact Us: Quick links to customer service information