

### **T-3 North Region Access to Care Improvements Extra Network Areas**

With the new T-3 contract; Health Net Federal Services (HNFS) has established 12 new TRICARE Extra areas. The network additions were made due to the growing population and health care demands of TRICARE beneficiaries in these areas. Beneficiaries that would benefit greatly from the expansion are National Guard, Reserve and TRICARE Prime Remote beneficiaries. HNFS hopes to cut out of-pocket costs to beneficiaries while providing access to high-quality network providers. The following are the new TRICARE Extra networks under T-3.

- Bangor, ME
- Buffalo, NY
- Charleston, WV
- Charlottesville, VA
- Grand Rapids, MI
- LaCrosse, WI
- Lansing, MI
- Madison, WI
- New Haven, CT
- Rochester, NY
- Springfield, IL
- Toledo, OH

TRICARE Extra allows TRICARE Standard beneficiaries to seek a network provider of their choice. This includes going to specialists without referrals. Prior authorization may still be required for certain services. Beneficiaries who use the Extra option don't pay cost-shares for some preventative services.

HNFS will help beneficiaries who are looking for network providers in their areas who are Extra providers. Beneficiaries can locate providers on the HNFS website's provider directory at [www.hnfs.com](http://www.hnfs.com) or by phone at 1-877-874-2273 24/7.