



**OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE  
HEALTH AFFAIRS**

7700 ARLINGTON BOULEVARD, SUITE 5101  
FALLS CHURCH, VA 22042-5101

TRICARE  
MANAGEMENT  
ACTIVITY

Dear TRICARE Beneficiary,

In a recent letter dated October 1, 2012, you were informed that under German law and European Union directives, pharmaceuticals are among the products that may not be imported through the mail. Unfortunately, this includes prescriptions ordered through TRICARE mail order pharmacy (Home Delivery). The U.S. Postal Service must comply with German regulations and will stop accepting prohibited items going to Germany into the APO/FPO system. This change is scheduled to take place on January 1, 2013.

To avoid confiscation of future mail order prescriptions sent to a Germany-based APO/FPO address, please request your next refill by calling 00+800-3631-3030 or logging in online at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE) no later than November 12, 2012. We lifted the time limit on how soon you can refill your prescription(s) to allow enough time to make other arrangements prior to January 1, 2013.

We understand the importance of your medications and encourage you to act now. Make arrangements to fill future prescriptions from U.S. licensed providers at the nearest Military Treatment Facility at no cost to you, or if you see a host nation provider, obtain your medications at a local host nation pharmacy and file a claim for reimbursement.

For those not using the MTF pharmacies, TRICARE reimburses TRICARE Overseas Program Prime and Prime Remote beneficiaries for 100 percent of their out-of-pocket costs when they use host nation pharmacies. Deductibles and cost-shares apply for all other beneficiaries using host nation pharmacies.

Contact information for pharmacy questions outside the United States is listed at [www.express-scripts.com/TRICARE/contactus](http://www.express-scripts.com/TRICARE/contactus). Additional information about filling prescriptions overseas can be found at [www.tricare.mil/overseas-pharmacy](http://www.tricare.mil/overseas-pharmacy).

We will notify you promptly if this situation changes and regret any inconvenience this may cause. We at TRICARE are proud to serve our nation's military heroes, past and present, and their families and we look forward to continuing to serve your health care needs.

W. Bryan Gamble, MD, FACS  
Brigadier General, US Army  
Deputy Director, TMA