



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE
HEALTH AFFAIRS
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FALLS CHURCH, VIRGINIA 22041-3206

TRICARE
MANAGEMENT
ACTIVITY

August 2009

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JOHN Q PUBLIC
123 STREET NAME
CITY, ST 99999

Dear TRICARE Beneficiary,

I am writing to inform you of recent changes to the Department of Defense (DoD) TRICARE Pharmacy Program Uniform Formulary. On May 12, 2009, the Director, TRICARE Management Activity approved recommendations from the DoD Pharmacy & Therapeutics (P&T) Committee for some of the oral asthma inhalers. The DoD P&T Committee selected the most clinically effective and cost effective medications for inclusion on the Uniform formulary (Tier 1 & Tier 2) and designated other products as non-formulary (Tier 3).

Your medication history indicates that you are using or have used at least one of the non-formulary medications recently. I encourage you to talk to your health care provider about using one of the formulary medications listed in the table on the enclosed page titled "List of Formulary Alternatives for Non-formulary Medications". Non-formulary medications remain available to beneficiaries at a \$22 co-pay for up to a 30 day supply at a Retail pharmacy or 90 day supply at the Mail Order pharmacy. TMOP is the most cost effective way to obtain non-formulary medications. The non-formulary co-pay may be reduced if 'medical necessity' can be established by your physician.

For more information on 'medical necessity', please go to www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications. For questions, call TMOP customer service at 1-866-363-8667 or call TRICARE Retail Pharmacy customer service at 1-866-363-8779. For assistance in converting a prescription to Mail Order, call the Member Choice Center at 1-877-363-1433 or use the on-line conversion tool at www.express-scripts.com/TRICARE. We at TRICARE are proud to serve our nation's military heroes and their families and are committed to providing them the best possible health care.

Sincerely,

C. S. Hunter
RADM, MC, USN
Deputy Director

over

List of Formulary Alternatives for Non-formulary Medications

Co-pay Changes Effective September 16, 2009

Non-Formulary (Tier 3) Medications	Formulary Medications (Tier 1 & Tier 2)
Inhaled Corticosteroids	
Co-pay = \$22 QVAR (beclomethasone HFA) inhaler Pulmicort Flexhaler (budesonide HFA) inhaler Alvesco (ciclesonide HFA) inhaler Azmacort (triamcinolone MDI) inhaler Aerobid, Aerobid-M (flunisolide MDI) inhaler	Co-pay = \$9 Flovent HFA (fluticasone HFA) inhaler Flovent Diskus (fluticasone DPI) inhaler Asmanex (mometasone DPI) inhaler
Long Acting Beta Agonist Inhaled Agents	
Co-pay = \$22 Perforomist (formoterol inhalation solution)	Co-pay = \$9 Serevent Diskus (salmeterol DPI) inhaler Foradil Aerolizer (formoterol DPI) inhaler Brovana (arformoterol inhalation solution)

DPI: dry powder inhaler

HFA: hydrofluoroalkane

MDI: metered dose inhaler

Has your permanent address changed?

Please contact DEERS at 1-800-538-9552 or at www.tricare.mil/deers